

COVID-19 Safety Plan

- As Gold Coast Mountain Bike Club returns to providing activities to members the following plan intends to outline how GCMTB plans to provide safe activities reflecting current government & industry peak body guidelines.
 - As of 1st June 2020, recreational, social along with coaching & instructional sessions & trail care activities can commence under stage 2 guidelines.
 - GCMTB encourages good hygiene practice before, during & after activities. This includes the use of the participants own personal equipment & unnecessary physical contact such as handshaking, high 5's etc.
 - GCMTB requires a "Get in, Participate, Get out" principle reflecting the AIS framework.
 - All participants to maintain 1.5m distance between each other at all times.
 - GCMTB encourages all participants including coaches, instructors, ride leaders, volunteers, family members to download & use the governments COVID-19 app.
 - GCMTB are to keep a record of all participants taking part in any club organised activity.
 - Activity numbers capped to a maximum of 20 participants including coach/ instructor/ ride leader ratios.
 - Communications & registrations for actives are to be distributed via social media/ email.
 - GCMTB discourages participants travelling to club activities together unless from the same family.
 - GCMTB requires anyone with COVID-19 symptoms, have been in contact with anyone diagnosed with or returned from abroad within 2 weeks to NOT take part in any club activity.
 - As of 22nd August 2020 the following will apply.
 - Events to meet criteria for Category Three Events section 2.3.3 Industry Framework for COVID Safe Events in Queensland https://www.covid19.qld.gov.au/__data/assets/pdf_file/0018/132570/industry-framework-covid-safe-events.pdf
 - Event registrations & rider race briefings to be conducted online.
 - Group podium presentations will NOT be conducted.
 - Isolation area at events for anyone presenting with COVID-19 symptoms whilst at an event.
 - GCMTB to communicate with relevant authorities, officials, teams, participants, parents, carers regarding anyone presenting with symptoms.
 - GCMTB recognise that the following LGAs have been listed as restricted areas and as such will operate events to meet criteria for Category Three Events https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/brisbane_city.pdf https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/ipswich_city.pdf https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/logan_somerset_regional.pdf https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/scenic_rim_regional.pdf https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/lockyer_valley_regional.pdf https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/moreton_bay_regional.pdf https://www.ecq.qld.gov.au/static/Local_government_areas/PDF/redland_city.pdf
- *Changes to be made to this document will be made to reflect updated guidelines*
- * References Included- <https://s3-ap-southeast-2.amazonaws.com/qorf-media/wp-content/uploads/2020/06/28065958/COVIDSafePlan-OutdoorEducationProvidersapproved.pdf>
 - * https://www.covid19.qld.gov.au/__data/assets/pdf_file/0026/127943/return-to-play-guide.pdf
 - * <https://www.mtba.org.au/wp-content/uploads/Rebooting-Mountain-Bike-Activities-in-a-COVID-19-Environment-14-May-FINAL.jpg>
 - * <https://ais.gov.au/health-wellbeing/covid-19>

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